

Christian Academy Lunch Menu for 2012-2013 **subject to change for 2013-14*

WEEK 1	Sep 3, Oct 1, Nov 5, Dec 3, Jan 7, Feb 4, Mar 4, Apr 1, May 6, June 3
Monday	Chicken Nuggets, Carrots & Dip, Oranges, Yogurt, Milk
Tuesday	Corn Dog, Broccoli, Peaches, Milk
Wednesday	Hamburger w/ Bun, Corn, Pineapple, Milk
Thursday	Grilled Chicken Sandwich, Baked Beans, Fresh Fruit, Milk
Friday	Pizza, Green Beans, Pears, Milk
WEEK 2	Sep 10, Oct 8, Nov 12, Dec 10, Jan 14, Feb 11, Mar 11, Apr 8, May 13
Monday	Spag.& Meatballs, Garlic Bread, Green Beans, Applesauce, Milk
Tuesday	Chicken Sandwich, Steamed Vegetables, Fresh Fruit, Milk
Wednesday	Beefy Soft Tacos, Ref. Beans, Side Salad, Mixed Fruit, Milk
Thursday	Grilled Cheese, Tomato Soup, Veggies/Dip, Oranges, Milk
Friday	Walking Taco, Corn, Pineapple, Milk
WEEK 3	Aug 20, Sep 17, Oct 15, Nov 19, Dec 17, Jan 21, Feb 18, Mar 18, Apr 15, May 20
Monday	Chicken Wrap, Veggies/Dip, Apple, Milk
Tuesday	Chicken Noodle Soup, PB & J Sandwich, Side Salad, Pears, Milk
Wednesday	Loaded Nachos w/ Taco meat, Steamed Veg., Peaches, Milk
Thursday	Chicken & Cheese Quesadilla, Corn, Mixed Fruit, Milk
Friday	Pizza, Side Salad, Frozen Juice Cup, Fresh Fruit, Milk
WEEK 4	Aug 27, Sep 24, Oct 22, Nov 26, Dec 24, Jan 28, Feb 25, Mar 25, Apr 22, May 27
Monday	Popcorn Chicken, Tater Tots, Veggies/Dip, Pears, Milk
Tuesday	Salisbury Steak, Mashed Potato, Steamed Carrots, Fresh Fruit, Milk
Wednesday	Hot Dog w/ Bun, Baked Beans, Oranges, Milk
Thursday	Grilled Chicken, Rice, Steamed Broccoli, Pineapple, Milk
Friday	Cheese Stick, Green Beans, Applesauce, Milk
WEEK 5	Oct 29, Dec 31, April 29
Monday	Chicken Tenders, Baked Fries, Mixed Veg, Pears, Milk
Tuesday	Sloppy Joe Sand., Tater Tots, Corn, Oranges, Milk
Wednesday	Fish Nuggets, Rice, Carrots, Mixed Fruit, Milk
Thursday	Mac & Cheese, Broccoli, Fresh Fruit, Milk
Friday	Pizza, Green Beans, Pineapple, Milk

Choose healthy:

Orange Grains

Blue Dairy

Vegetables

Red Proteins

Purple Fruits



Everyday options on the main entrée for 4th-12th grade:

Cheese Pizza

Pepperoni Pizza

Hot Ham & Cheese Sub

Salad Bar

Please note the menu is subject to change, on special days such as:

10/15-17 – Spiritual Emphasis

10/23 – Pastor Appreciation

12/20 – Class Christmas Party

5/10 – Walk-a-thon

Breakfast items available from 7:50-8:20 a.m. (cash only); may include fresh fruit, granola bars, bagels, yogurt or muffins.

No need to brown bag it; fresh hot lunches served daily.



Breakfast Items	\$1.00
Fresh Fruit	\$0.50
Elementary Lunch or Salad Bar	\$3.00
High School Lunch or Salad Bar	\$3.25
Drinks	\$0.50
Extra Items – Main	\$1.00
Extra Items – Sides	\$0.50

Additional lunch items may also be available to purchase. If your child has permission to buy extras, please be sure their lunch account stays current.

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